

Payment:
 Cash _____ Check # _____ Charge _____
 Enclose check/money order payable to:
 Pierce County Parks

VISA / MC # _____ Exp. Date _____

Mail to: Tour de Pierce
 Pierce County Parks & Recreation
 14422 Meridian E.
 Puyallup, WA 98375

Sport Tek® Shirt	Quantity
Sizes	
Youth M	
Youth L	
Adult S	
Adult M	
Adult L	
Adult XL	
Adult XXL	
Total # Shirts	

Sport Tek® shirts tend to run larger than cotton t-shirts.

Early Registration Fees: (Paid by June 12)	Day of Ride Fees:
Individual \$14	Individual \$18
Family of 4 \$42	Family of 4 \$54
Add family riders \$11 ea	Add family rider \$14 ea
Sport Tek® Shirt \$15 ea	Sport Tek® Shirt \$20 ea
Total Amount Enclosed \$	Total # Family Members



Sunday, June 30, 2013

7:30 am - 2:30 pm

12 mile, 30 mile,
and 50 mile routes



www.piercecountywa.org/parks

General Information

The 23rd annual **Tour de Pierce** is a summer bicycle ride through central Pierce County for fitness and fun, promoting bicycle awareness and safety. Tour de Pierce offers enjoyable cycling from 7:30 a.m. until 2:30 p.m. on Sunday, June 30, 2013.

The ride begins at the Gold Parking lot of the Western Washington Fairgrounds in Puyallup and winds through Puyallup, Sumner and adjacent farm lands. A rest stop will offer light refreshments and restrooms for riders.

The 12-mile route provides a flat, easy ride suitable for families and novice riders. A longer 30-mile loop extends the ride past farms, flower fields and more scenic views of waterways and Mount Rainier. The 50-mile course now travels through parts of Puyallup, Sumner, South Prairie and Orting. The courses are clearly marked with "Dan Henry" symbols on the roadway. Riders will receive a map of the course the day of the ride.



Start & Finish

Tour de Pierce starts at the Western Washington Fairgrounds **GOLD Parking Lot**, located on South Meridian and 9th Ave SE, in downtown Puyallup.

- Registration begins at 7:15 a.m. The course opens at 7:30 a.m. and closes at 2:30 p.m. Registration will remain open until 11:30 a.m.
- **Riders may start anytime between 7:30 a.m. and 11:30 a.m.**
- The staging area will close at 2:30 p.m. A sag wagon will sweep the course at the end of the day.

Registration

Register by completing the attached form. The registration fee includes number bib, day-of-ride refreshments. Pre-registration fee and form must be received by June 12.

• Pre-Registration:

The cost is \$14 per person or \$42 per family of 4. **Pre-registration deadline is June 12, 2013.**

Mail Pre-Registration To:

Tour de Pierce
 Pierce County Parks & Recreation
 14422 Meridian E.
 Puyallup, WA 98375

• Pre-registered Group Rates:

Groups of 12 or more must pre-register together by June 12. The cost is \$10 per person. Contact Cara at ccross@co.pierce.wa.us or 253-841-8515 or for more information.

• Day-Of-Ride Registration:

Day-of-ride registration is \$18 per person or \$54 per family of 4.

• On-line Registration:

Register on-line at piercecountywa.org/parks for a small fee. On-line registration closes June 12.



Tour de Pierce is brought to you by



Directions to the Start/Finish

From I-5 take exit 127 (SR 512 eastbound). From 512, take the Meridian Street South Exit. Turn left on Meridian and then turn right on 9th Ave E. to the Gold Parking Lot.

Parking

The Fairgrounds **GOLD** Parking Lot is the designated parking area for **Tour de Pierce**. It is located on South Meridian and 9th Ave SE, in downtown Puyallup. The **GOLD** Parking lot is diagonally across from the Puyallup Fair's Corner Entrance on Meridian Street and 9th Ave E. Parking is free.

Sag Wagon\Communications

The **Tour de Pierce** course will be monitored by a sag wagon to assist stranded riders. The sag wagon will sweep the course at the end of the day. Ride monitors will be stationed along the **Tour de Pierce** route to provide traffic control and emergency assistance. Communications provided by Sprint.

Food

Bring your own water. Each rider should carry a water bottle on the ride. Stores and restaurants can be found along the route in Puyallup, Sumner, and Orting, or bring food from home. There is one rest stop for the 12, 30, and 50 mile routes. Refreshments will be provided to riders at the rest stop as well as restrooms. The Taco Time Traveler will be this year's new rest stop at Riverside Ford in Sumner.

No Training Wheels or Tricycles

The Tour de Pierce course is on local roads where traffic will be encountered. The ride is not appropriate for tricycles or bicycles equipped with training wheels. **It is a parental decision to determine if a child is prepared and experienced to ride the Tour de Pierce.**



Clothing

Ride in comfortable clothing. Be prepared by bringing sun protection and rainwear.

Event Shirts

Pre-order your **Sport-Tek® Competitor Tee** for this year's Tour de Pierce. Supplies will be limited on the day of the event. The new logo (see front cover) will be on the front of the tropic blue color shirt. Shirts are \$15 for pre-order or \$20 day of event.

Bicycle Safety Tips

- **Always wear a helmet.**
- Look before changing lanes, passing or turning.
- Use hand signals for turns, slowing and stopping.
- Stop at red lights, stop signs and yield signs.
- Ride with traffic. Bicycles are vehicles. Obey traffic laws.
- Make certain your bike is in good working condition.

Pre-Ride Check

- **Chain** - Clean and lubricated with chain lube
- **Cables** - Good working order greased and moving freely
- **Brakes** - Check brake pad wear
- **Wheels** - Roll freely and true (straight)
- **Tires** - Air to recommend pressure and check for cuts and tread wear.

This is a quick look to confirm basic safety and efficiency. Every bicycle should be tuned before an event or once a year depending on usage.



Check with Bike Tech at the Tour de Pierce for any last minute problems before you begin riding. Enjoy the ride!



Tour de Pierce riders are required to wear CPSC approved helmets.

Bike Helmet Sale



Good Samaritan Hospital's Celebrate Seniority will be offering a helmet sale on Sunday, June 24 from 8-11 a.m. as part of the Tour de Pierce bike event festivities.

Bike and multisport helmets will be available for kids and adults. Helmet costs will range from \$7-\$10 depending on the helmet model. We accept cash only please. The person who will be wearing the helmet must be present for a custom fit.

A limited number of bike helmets will be available at the Gold Parking lot across from the Puyallup Fairgrounds corner entrance on Meridian Street and 9th Ave SE.

Pictures

Pictures from the 2012 Tour de Pierce are available online at www.ronbaltazar.com "Events" Gallery. Look for Ron again at this year's Tour de Pierce.

About The Proceeds

Tour de Pierce is sponsored by the Pierce County Parks and Recreation Department. The proceeds from this ride are used to fund free and reduced priced recreation programs for youth in Pierce County.

Questions about Tour de Pierce?

Contact Cara at ccross@co.pierce.wa.us or (253) 841-8515 for more information.



Don't miss Sumner's Rhubarb Pie Festival

June 28-August 18

www.rhubarbpiecapital.com

**Early Registration Deadline
June 12, 2013**

Confirmation will only be sent via email for on-line registrations.

Pre-registered riders must check in to get bib number prior to riding.

Ride goes on rain or shine.

No refunds for inclement weather.

2013 Tour de Pierce Registration Form

(page 1 of 2)

Name _____

Address _____

City/State/Zip _____

Day Phone _____ Cell Phone _____

E-mail _____

Please complete the registration on reverse side.